



INVEST IN YOUR WELLNESS

CHANGE FOR GOOD

© AMCHARA HEALTH RETREATS 2025

WELCOME TO AMCHARA GOZO

SINCE 2015, AMCHARA GOZO'S DETOX HEALTH RETREATS HAVE HELPED OVER 2,000 CLIENTS ACHIEVE THEIR HEALTH GOALS.

Our mission is to support you to 'Change for Good'.

Everyone is unique and our personalised health practitioners seek to tailor the Amchara experience to each client's specific needs. Our approach is a personalised one combining functional medicine and naturopathy. We provide you with a supportive and nurturing environment. You are unique and we tailor your experience to your individual needs.

A beautiful retreat in a stunning island location

Located on the picturesque island of Gozo in Malta, our stunning retreat is the perfect setting for you to relax, reboot and recharge. Boasting year-long sunshine, you can enjoy a large swimming pool and spa facilities, comfortable apartments and a yoga studio offering glorious sunset views.



SADIE FROST AMCHARA PARTNER & BRAND AMBASSADOR

Sadie is passionate about health and wellness, she is a regular juicer, a devoted yogi and has studied yoga, meditation and nutrition for nearly 20 years. She wrote the book 'NOURISH' with her sister Holly Davidson and Amber Rose, as a guide to wellbeing and fitness. She recognises that these practices enable her to try to achieve the perfect balance to live calmly and to have a certain quality of peace of mind.'

"I first came here in 2015, I love Amchara - the team, the authentic health experience and the positive shift in my wellbeing at the end of each retreat.

The team here are incredibly supportive and the nurturing love they share is what makes it so special.

Amchara is my happy place!"

Sadie XX

INVEST IN YOUR WELLNESS

AZURE PACKAGES

AZURE NOW

£7,980*

SAVING OVER 18%

28 nights in a Deluxe Apartment

Perfect for first time package purchasers and for those who expect to attend a retreat once or twice a year. Can be used in multiple combinations e.g. 4 x 7 nights and 1 x 14 nights.**

***EXEC APARTMENT SUPPLEMENT - £1,120**

COUPLES SUPPLEMENT - £3,920

The accompanying client must stay in the same apartment and attend at the same time as the main client.

****Package valid for 30 months from date of purchase**

AZURE ANYTIME

£8,820*

SAVING OVER 10%

28 nights in a Deluxe Apartment

Perfect for clients who retreat frequently but wish for the flexibility of when to come. Can be used at any time and in any combination to suit your schedule.

***EXEC APARTMENT SUPPLEMENT - £1,120**

COUPLES SUPPLEMENT - £4,200

The accompanying client must stay in the same apartment and attend at the same time as the main client.

LOCK IN REDUCED PRICING AND BEAT FUTURE ANNUAL PRICE RISES

INVEST IN YOUR WELLNESS

AMETHYST PACKAGE

£13,270*

SAVING OVER 20%

49 nights in a Deluxe Apartment

One FREE treatment per stay

Nights can be gifted/transferred to friends and family

Nights can be taken at any time in any combination

***EXEC APARTMENT SUPPLEMENT - £1,960**

COUPLES SUPPLEMENT - £6,860

The accompanying client must stay in the same apartment and attend at the same time as the main client.

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INVEST IN YOUR WELLNESS

OBSIDIAN ELITE PACKAGE

£35,000*

SAVING OVER 22%

100 nights in a guaranteed Executive Apartment

100 Treatment Credits

Complimentary airport transfers

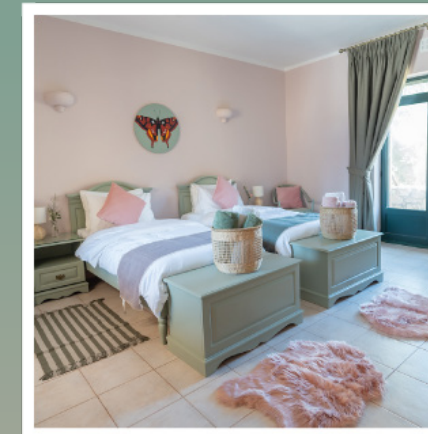
Nights can be gifted/transferred to friends and family

Nights can be taken at any time in any combination

*COUPLES SUPPLEMENT - £14,000

The accompanying client must stay in the same apartment and attend at the same time as the main client.

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FOR FURTHER INFORMATION CONTACT
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CHANGE FOR GOOD
WWW.AMCHARA.COM